



Constituents can still convey a message to Congresswoman Giffords by filling out [this form](#) and sending it to the St. Paul office.

*"It is my sincere hope that such an attack is the last of its kind, and that our community will continue to be one in which practicing active democracy is a safe and encouraged practice. God bless."* - **Amanda, South St. Paul**

*"The actions against the U.S. citizens in Tucson, including Rep. Giffords, are a tragedy that I hope is never repeated."* - **Jim, West St. Paul**

*"We are incredibly lucky to live in a country where political violence is extremely rare. The rhetoric that creates a context for violence must cease. Hate is not a response for disagreement."* - **Anne, St. Paul**

*"May courage of our democratic leaders survive the injury inflicted on us all. Thank you for this opportunity."* - **Karen, St. Paul**

*"The road ahead is difficult for all of us. I wish you strength in your recovery and wisdom for all*

*Americans as we reconcile the meaning of this tragedy with our own actions as citizens. To be truly free from violence and persecution, we must persist in our efforts to maintain an open society where we can disagree peacefully and move forward together."* - **Erin, St. Paul**

*"The needless violence and anger that have been shown in our country over politics has to stop. It is sad that something like this had to happen in order for the dialogue to begin to change how we promote change with deepest prayers and sympathy to all harmed."* - **Aaron, St. Paul**

*"Public service is noble work, and it is difficult. Thank you for all you do, and know the goodwill of the people of our state and country is with you at this very difficult time. Together we will heal and find grace in our democracy."* - **Kate, New Brighton**

*"We hope that, if any good will come of this horrific event, it will be that people will once again realize that our fellow citizens, regardless of political views, are human and deserve to be treated with respect and civility."* - **Steve and Angela, St. Paul**

*"For any public servant to be struck down while serving the people is an appalling affront to every citizen. For innocent and random people to be struck down in this way is an affront to all humanity."* - **Ross, St. Paul**

*"We pray that the rhetoric that inflames will be replaced by words of cooperation and collaboration in our houses of Congress."* - **Jeanne, St. Paul**

*"There are consequences to the violent rhetoric that plagues the political landscape today - it's the innocent and the brave that suffer."* - **Mary, Inver Grove Heights**

*"Thank you and thanks to all our U.S. representatives for your dedicated service. Our freedom sits with all of us as you represent we all the people. I pray for your good health and protection."* - **Carol, Shoreview**

*"My heart bleeds for all of you."* **Ted, Minneapolis**

*"We must disconnect from hateful political rhetoric and campaigns and come together in this time of tragedy."* - **Louise, North Oaks**

*"My heart aches for the violence, pain, and fear that has been done to all of you and us. I send you my heartfelt wishes for healing, safety, and peace."* - **Sheri, St. Paul**

*"No American should ever fear violence as a consequence of participation in our democracy."* - **Paul, St. Paul**

*"As a former staffer, my heart goes out to all the families directly affected by this tragedy. Also I send the thoughts and prayers to every Member of Congress and their staff to get through this and pray that our country will learn from this and stop the incendiary rhetoric."* - **Kathleen, St. Paul**

*"May we, as citizens of the United States, and as members of our global world, continue to foster peaceful solutions to violence that surrounds us."* - **Mary, St. Paul**

*"My heart is terribly heavy with this horrific event. For any public servant to be struck down while serving the people is an appalling affront to every citizen. For innocent and random people to be struck down in this way is an affront to all humanity. Let us all pray for the families of the victims, and work for peace among all people."* - **Ross, St. Paul**

*"To the families who are struggling with this unimaginable loss, the thoughts and prayers of the nation are with you."* - **Samantha, St. Paul**

*"Our condolences go to those who lost their lives in Tucson. We pray for the safety of all public officials, and the continuing health of our nation."* - **Tom and Susan, South St. Paul**

*"In these challenging times, know that the thoughts, prayers, and best wishes of all Americans are with you and your family. We mourn the loss of life, and share your vision of a healthier and stronger country"* - **Adam, St. Paul**